



Risk assessment in Alzheimer's disease

The risk of developing Alzheimer's disease has several components. Firstly, depending on your genes, you may have been born with a higher or lower risk of developing the disease. This genetic risk, which includes your sex, remains constant, but getting older increases the risk for everyone.

However, this is not the whole story and other external factors can also contribute to the risk of developing Alzheimer's disease and its subsequent progression. Fortunately, there are many positive steps you can take that have the potential to delay the onset of Alzheimer's disease.

Research has shown that changes to your lifestyle can have a significant impact on mitigating the risk of future disease, or at least delay the onset of symptoms and slow the rate of disease progression⁽¹⁻⁵⁾. Talk to your physician about a programme that could help you.

Take control of your brain health

If you have cognitive complaints or concerns there is a new genetic test, available through your physician, which can provide insight into your risk of developing Alzheimer's disease in the future. With this knowledge you and your physician can discuss the actions that can be taken to mitigate the risks of the onset and development of Alzheimer's disease symptoms.



What is a *genoSCORE*?

genoSCORE-LAB is a CE marked genetic test, that will show your risk of developing Alzheimer's disease. It only requires a mouth swab or blood sample. It is very convenient and simple to use, allowing elderly and vulnerable patients to provide a sample from home if you are self-isolating due to COVID-19, or not wishing or easily able to attend a healthcare setting.

genoSCORE-LAB provides a broad analysis of your genetics, assessing over 100,000 common genetic variations that are risk-associated with, or protective against, the development of Alzheimer's disease.

How can you get tested?

genoSCORE-LAB is only available through your physician. If they agree that you are suitable for the test, they will be able to order it on your behalf. *genoSCORE*-LAB is not currently covered by national healthcare systems or insurance providers, so patients will need to pay for the test either directly, or through your physician.

Additional reading, information, and references

Should you be interested in understanding more about Alzheimer's disease, actions that can be taken, and the risk of developing the disease, there are many resources available.

For further information please visit the website
www.genoscore-lab.com/resources



STEP 1

Speak with your physician



STEP 2

Provide either mouth swab or blood sample



STEP 3

Sample sent to laboratory for analysis



STEP 4

genoSCORE-LAB report returned to your physician who will discuss the results with you



For further information please contact:

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